

# #ShowYourRare for Rare Disease Day 2019

## Show your rare. Show you care.

The 12th edition of Rare Disease Day will take place on 28 February 2019. Take part in the interactive #ShowYourRare face paint social media campaign to raise awareness of rare diseases and show your support for the rare disease community during the **entire month of February 2019!**



## Who can get involved?

You do not have to be directly affected by a rare disease, **everyone** can get involved to show their support!

## How?

It's simple! Post an image or selfie on any social media channel and include the hashtags: #ShowYourRare and #RareDiseaseDay during the whole month of **February 2019**



You can also print off our social media board to hold up in your photos: [bit.ly/showyourrare](http://bit.ly/showyourrare)

Share an image on your own or with your friends, family or colleagues!



## Let's get creative:

- **Paint your face** with the Rare Disease Day logo colours
- Paint the hands from the Rare Disease Day logo on your face like in the Rare Disease Day poster
- **Draw your hands** or do some **hand painting** in the shape of the Rare Disease Day logo on some paper and hold it up in your photo
- Or just **have fun** and get involved in any way possible by sharing a selfie with the hashtags!

